



Technology-Based Clinical Supervision Pre-Series Learning Activity

“The Dos and Don’ts of Video Meetings”

1) Watch the YouTube video:

a) A VIDEO CONFERENCING CALL IN REAL LIFE

<https://www.youtube.com/watch?v=JMOOG7rWTPg>

- While watching, take notice of things that are done well and what are things that are done not so well?
- While watching, please write down at least 4 things that you notice that the video may be trying to emphasize about how to conduct a video meeting.
- Be prepared to discuss this video and your reflections at our next meeting time.

2) Watch the YouTube video:

a) MEETING MINDFULNESS: 4 VIDEO CONFERENCING MISTAKES TO AVOID <https://www.youtube.com/watch?v=3sqChOqaDKE>

- While watching the video, consider what are some ways for you to avoid making these mistakes when you are meeting with supervisees? Are there good practices to get into when meeting regularly with supervisees to ensure quality meetings?
- Are there other aspects of video conferencing that you have experienced that were good, bad or just plain ugly?! What made them so? Be prepared to discuss this with the group during our next session.

3) Introductions

a) Prepare a brief (1 to 2 minutes max each person)

- Tell us about yourself and your present role
- Rate on 1-10 scale comfort level with technology
- Experience with videoconferencing /telehealth applications to offer clinical supervision
- Name 1 thing you would like to learn about Technology-Based Clinical Supervision?