



Motivational Interviewing – Into Practice Week #5 Agenda

1) Welcome

- a. Review Agenda
- b. Check in
- c. Discuss Learning Activity – Exploring ambivalence intentionally using one of the tools.

2) Content

- a. PowerPoint slides, interactive discussion & activities covering: Intention & Timing; The **RIGHT** Effective Tool for the Job; Being Intentional; and The Story of OARS and the Change Goal

3) Assign Learning Activity

- a. Read the 2nd Scenario (ideally, read it out loud with someone).
 1. Write down your impression of the worker's approach and your assessment of the outcome of the conversation.
- b. Keeping in mind MI Spirit, The Four Processes and OARS, using the boxes provided, or any other way you want to note your approach, rewrite the conversation.
 1. Reread each line the worker speaks and intentionally decide what strategy and skill(s) you would use.
 2. Rewrite what the worker says, with the **intention of engaging the client and evoking Change Talk**.
 - Keep in mind, when you intentionally use an MI approach, Peter may respond differently; you can also rewrite his responses as appropriate.

4) Wrap Up

- a. Reactions, comments, and questions/feedback