



## Motivational Interviewing – Into Practice Learning Activity Week #2

1. Focus on the MI Process of **Engagement** and intentionally bring MI Spirit into a conversation with a new client.
2. After the interaction **reflect on** and **write down** your perception of the following:
  - a. Identify when **Engagement** begins.
  - b. How did **Engagement** manifest, show up during the conversation?
  - c. What was it like to intentionally use **Engagement** and how does that differ from your previous practice?