



TBCS Case Studies

What is your approach in this example to providing supervision with these supervisees?

Example 1

A clinician at a mental health center provided services to a high school student who struggled with symptoms of depression. The client reported that she was being bullied on Facebook by several former friends. The clinician considered searching the client's Facebook site to see examples of the online bullying.

Example 2

A clinician in private (independent) practice communicated with several of his clients via text messages and e-mail. He received an increasing number of electronic messages from clients after traditional working hours, sometimes late at night and on weekends. He wondered whether communicating with clients outside of traditional working hours was introducing boundary issues in his relationships with them.

Example 3

A social worker in a substance use disorder treatment program was in recovery and participated actively in an online support group. Occasionally, she posted details about her own recovery. She discovered that one of her clients, who was also in recovery, gained access to this online support group and read a number of the postings about the practitioner's personal life.