



## Implementation of Screening, Brief Intervention, Referral to Treatment (SBIRT) in Medical Settings:

Build Capacity, Learn, and Network! This online learning series will provide 15 hours of instruction and will include blended activities of synchronous online groups and non-synchronous self-study related to the utilization and implementation of SBIRT services in a medical setting. There will be assigned articles, videos, and other resources relevant to the course that will be given to participants throughout the 6 weeks. Additional resources and content will be made available to participants through an online portal as well.

- Orientation to Technology- 1 hour online
- Overview of SBIRT and need for services– 2.5 hours (1.5 hours online, 1 hour self-study)
- Screens and a look at Brief Interventions- 2.5 hours (1.5 hours online, 1 hour self study)
- Effective Referrals to Treatment/Warm Handoff- 2.5 Hours (1.5 hours online, 1 hour self-study)
- Implementation of SBIRT into Medical Settings– 2.5 hours (1.5 hours online, 1 hour self-study)
- Integration of Behavioral Health into Medical Settings- 2.5 Hours (1.5 hours online, 1 hour self-study).
- Cultural Considerations/Co-Occurring Disorders-1.5 Hours (1.5 hours online)

### Course Objectives

- Learn foundational knowledge on core aspects essential to providing SBIRT services.
- Identify drug and alcohol screening tools for use in general, pregnant or adolescent populations cared for in a Health Care setting.
- Demonstrate an understanding of the main steps involved in a brief intervention
- Understand and utilize a warm handoff to facilitate referrals for high risk substance use behavior.
- Identify at least two implementation strategies towards integration that could be used in a health care setting.
- Demonstrate an understanding of how reduction of stigma may increase positive outcome of SBIRT in your service delivery.
- Name at least 2 terms that can be changed to less stigmatized language which can help to create a non-judgmental space for SBIRT services.
- Identify two issues that can be addressed to increase sustainability of SBIRT in a Health Care setting.
- Identify risk factors and signs of co-occurring disorders as well as other screening tools used to identify these.

## Course Requirements and Meeting Schedule:

Week	Agenda/Topic	Assignment	DATE
	<b>Orientation to Technology Session</b>		
One	<b>Welcome/Overview of SBIRT</b> The basic components of these services and why they are so important to consider providing	View Video and Review Patient Scenarios and questions	
Two	<b>Introduction to Screens and a closer Look at Brief Interventions</b> Screens for different populations will be reviewed, as well as the steps to a Brief Intervention and utilizing the spirit of MI	View Videos and review Proficiency Checklist	
Three	<b>Referral to Treatment/Warm Handoff:</b> Making effective referrals, Resources in your community, utilizing technology	Activity on referral options and view video and consider questions	
Four	<b>Implementation of SBIRT into Workflow:</b> Tips, Hurdles, Strategies on BH Integration	View Video, Diagram workflow in your agency	
Five	<b>Integration of BH</b> Strategies in your agency, region, and state to integrate SBIRT and other behavioral health into service delivery	Read Article and consider questions. Watch videos: Screening for Alcohol Use During Pregnancy:	
Six	<b>Cultural Considerations/Co-Occurring Disorders</b> Additional screening options for co-occurring disorders, prevalence of other disorders such as depression and anxiety, as well as cultural sensitivity in the implementation process	Consider your next steps in SBIRT Implementation	