

## MOTIVATIONAL INTERVIEWING – Into Practice

### Vignette #2 – Surprise, You’re Busted!

**Worker:** Hi, Peter. Sit down. You’re here because you were arrested for pot at a checkpoint.

**What might the worker do differently?**

**Peter:** Yep. I didn’t have much choice. The judge sent me here. I got busted at a DWI checkpoint with some pot. I didn’t know they had drug sniffing dogs at those things. I couldn’t believe it. I saw the DWI checkpoint and thought I had nothing to worry about because I hadn’t been drinking. I stopped at the barrier and all of a sudden a big ferocious dog is barking in my face. I had no idea what was going on.

**Worker:** Did you think you were safe because you had not been drinking?

**What might the worker do differently?**

**Peter:** Absolutely. I wouldn’t be that stupid to drink and then drive up to a DWI checkpoint. When I drink I stay close to home, that’s why I never had a DWI. This was totally new. I always drive with a buzz. Pot doesn’t affect me the same way as alcohol. I do everything I need to do, but better when buzzed.

**Worker:** Did you smoke pot that day?

**What might the worker do differently?**

**Peter:** Yep, I usually smoke pot every day, one joint in the morning to get me going, sometimes during lunch, and again in the evening when I get home from work. It gets me going and doesn’t affect my functioning.

**Worker:** So getting picked up for DUI was a total surprise for you?

**What might the worker do differently?**

**Peter:** Well, I was smoking pot. It doesn't affect my ability to drive. I know that lots of people drive while smoking.

**Worker:** Yeah, and those "lots of people" that drive while smoking, get busted for DWI!

**What might the worker do differently?**

**Peter:** I don't know about other people but it doesn't affect MY driving when I smoke.

**Worker:** That may or may not be but your pot smoking got you arrested...can't you see what pot did to you?! You need to quit!

**What might the worker do differently?**

**Peter:** {agitated} Don't preach to me! I only do it to relax, it takes away my stress. I'm not dependent on it!

**Worker:** I've worked with pot smokers for a really long time. I'm really concerned about you. I'm here to help you quit and I have lots of information that I can share with you from my years of experience.

**What might the worker do differently?**

1. **What is the change goal?**
2. **What MI tools and skills are being used to find the change goal?**