



## Skills-based Videoconferencing Group Presentations

### Time to Practice

Starting week #5, we will be entering the “fun “period of learning which is hands - on, experiential practice. Below you will find a description of what upcoming class expectations will be and you will also find yourself in an assigned group. These different roles and elements will provide everyone an opportunity to get “hands on” experience with telehealth!! We know some of you already have this experience, but this will allow you to practice further and provide guidance and expertise to your other group members.

### Learning Activity

While you will be assigned a topic to cover, each group will be responsible for developing your own creative scenario that will be role- played during your groups’ designated week to present and practice SbVC. Remember these scenarios are not just any counseling issue, rather your scenario must be one that primarily incorporates use of video-conferencing and telehealth technology. Each group will prepare for your demonstration via email communication and preferably your own Zoom meetings. This preparation will allow you as a group to decide and develop a scenario that you want to role play for your assigned topic area. This also allows you to use actual issues that have come up when using technology while providing counseling.

### Roles

There will be two roles that each member can be in the role plays (counselor and client) that will be determined by each dyad. One person will act as the counselor and one will act as the client during the five-minute live demonstration. When finished with the role play, the person acting as “the client” will then have the role of facilitator with the entire audience and process the scenario, along with eliciting feedback. Again, this processing with audience would be for five more minutes. This way both members of the dyad get to demonstrate their individual and group counseling skills via video. If a group contains 3 members, one will be the counselor, two will play the clients in group therapy during the five minute role play and then both clients will become the facilitators together in the final five minutes of processing the scenario and receiving feedback from the audience.

### Weekly Group Structure

There will be 2 or 3 groups presenting each week for the next four weeks (weeks 5-8). We encourage you to fully develop your scenario as you will be allowed 5 minutes total for your group time. How you use your time is up to the group, but some helpful ways of thinking about this might be: Role play (5 minutes), facilitation and processing of scenario with everyone (5 minutes). Obviously, there is some “wiggle room “in all of this,

but we want to empower you all to “own” this time period and organize it in a way as if you are video counseling or facilitating with the time you have.

### **Participation Expectation/Assigned Group**

Everyone is expected to:

- communicate with their group member(s)
- participate and attend on your assigned group week
- complete the activity as assigned

**This is an experiential class, in order to receive your CE’s and a certificate of completion this project presentation is required as your final element in demonstrating the skills you have learned in this series.** In addition, the preparation, planning, and actual demonstration require all participants to be involved and present, for this to work. If there is only one person who shows up for the demonstration, that will create major problems. So, as a courtesy to the group and to your partner, we are clarifying that this will require a full commitment that your team is expecting you to follow through on. Basically its “all hands-on deck” when your assigned week to present comes up. *If, for some reason, the dates will not work, or if you cannot commit to being present for this experiential phase of class, then we would most definitely appreciate an immediate reply so we can re-organize the groups to make this all work smoothly!*

**Note:** Learning Activities and email addresses are posted in separate attachment for all participants in the “Tool Box” section on the Workwise learning platform.

### **Assistance/ Questions**

Your trainers will be available for email questions to help coach or clarify your learning activity as you and your group prepare. It may be most helpful to copy and include all trainers if you have co-facilitators on any inquiries.

NFARtec staff will be available to assist with questions related to setting up your own Zoom account or get you access to the instructors for further instruction.