

Time Guidelines for Stigma Slide Deck

This slide deck can be integrated into a class session in *as little as 5 minutes or up to 30 minutes*.

- For a *5-minute option*, use slides 3, 4, 6, 7, 8, 10 and 11. These slides include the essential information about stigma and key strategies to decrease stigma.
- Slide 5 offers an additional way to conceptualize stigma, and would add *another 1-2 minutes of discussion*.
- Slide 12 offers an elaboration of person-first language, and will add *an additional 1-2 minutes*.
- The Classroom Activity (referenced on Slide 2 and described on a separate page) will add *an additional 5 – 15 minutes*, depending on your use of group discussion.
- Slide 9 can add *an additional 5 minutes of discussion*, or more depending on how you structure the discussion time in your course.