

Alcohol – Sample Quiz/Test Question Bank with Answer Key

Note: Select the questions that match the content you plan to present from the Alcohol SUD Keys to Education materials.

1. Always ask patients about their alcohol usage and:
 - a. How much they drank in college
 - b. Cousins' alcohol use
 - c. Their preferred alcoholic drink
 - d. Outcomes of past attempts to stop drinking (with withdrawal symptoms)**

2. How much pure alcohol is in a standard drink?
 - a. 5 grams
 - a. 11 grams
 - b. 14 grams**
 - c. 25+ grams

3. The four main neurotransmitters relevant to alcohol are:
 - a. Dopamine, serotonin, GABA, and glutamate
 - b. Serotonin, GABA, endorphin, norepinephrine
 - c. Endogenous opioids, glutamate, GABA, and dopamine**
 - d. Endogenous opioids, glutamate, endorphin, norepinephrine

4. Which of the following is true:
 - a. GABA = excitatory neurotransmitter and glutamate = inhibitory neurotransmitter
 - b. GABA = inhibitory neurotransmitter and glutamate = excitatory neurotransmitter**
 - c. GABA and glutamate= inhibitory neurotransmitters
 - d. GABA and glutamate = excitatory neurotransmitters

5. What is the minimum number of criteria a person needs to meet to receive a diagnosis of an alcohol use disorder (AUD)?
 - a. Two**
 - b. Three
 - c. Five
 - d. Seven

6. Which of the following is NOT an evidenced-based screening tool for substance use disorders?
- a. CIWA
 - b. AUDIT-C
 - c. CRAFFT
 - d. MMPI**
7. Alcohol withdrawal:
- a. Can be life threatening**
 - b. Is typically less dangerous than opioid withdrawal
 - c. Can be treated with Buprenorphine
 - d. Takes 4-10 days to take effect
8. What percentage of individuals with a history of long-term, heavy alcohol consumption will experience alcohol withdrawal symptoms?
- a. 10%
 - b. 25%
 - c. 50%**
 - d. 75%
9. Alcohol accounts for how many deaths in the United States in a year?
- a. 19,000
 - b. 9,000
 - c. 99,000**
 - d. One million
10. Which of the following are the FDA-approved medications for treating a person with an alcohol use disorder?
- a. Acamprosate, naltrexone, and disulfiram**
 - b. Buprenorphine, naltrexone, and disulfiram
 - c. Bupropion, naltrexone, and acamprosate
 - d. Naltrexone, methadone, and disulfiram
11. The goals of treatment for alcohol use disorders (AUD) include everything except:
- a. Identifying triggers that could prompt drinking
 - b. Manage emotions and stress
 - c. Never drink again**
 - d. Build relationships that will support treatment goals

12. The steps to helping someone who may have overdosed on alcohol include:
- Cold showers and walking it off
 - Call 911, and stay with them so they don't choke on their own vomit**
 - Let them sleep it off
 - Make them drink coffee
13. In 2019, less than ___ % of people with an alcohol use disorder received treatment.
- 30
 - 20
 - 10**
 - 50
14. Reasons to screen for alcohol use include everything except:
- Early detection averts greater harm
 - Asking about alcohol use may help an entire family
 - It helps treatment centers fill residential beds**
 - Alcohol use leads to many common health problems
15. Who should conduct alcohol screenings?
- Friends
 - Co-workers
 - All healthcare providers**
 - Family members
16. Alcohol use disorder (AUD) is:
- Alcohol consumption that results in adverse events
 - A chronic relapsing brain disease characterized by compulsive alcohol use, loss of control over alcohol intake, and a negative state when not using**
 - A pattern of drinking that brings a person's blood alcohol concentration (BAC) to .08 or above
 - Usually happens when men consume 5+ drinks or women consume 4+ drinks in 2 hours
17. DSM – 5 Diagnostic Criteria for alcohol use disorder (AUD) includes everything except:
- Drinking more than planned or for longer than planned
 - Experiencing legal problems**
 - Needing to drink more to get the same effect
 - Felt sick, shaky, restless, sweaty post-alcohol use or had a drink of alcohol to feel better

18. Approximately how many U.S. children age 17 and younger live with a parent with an alcohol use disorder (AUD)?

- a. 1.2 million
- b. 2.7 million
- c. 7.5 million**
- d. 10.5 million

19. What percentage of college students meet the criteria for binge drinking?

- a. 7.2 %
- b. 39.3%**
- c. 22.5%
- d. 48.1%

20. Alcohol impairs judgment and motor dysfunction starting at what BAC level:

- a. < 0.10**
- b. < 0.20
- c. < 0.30
- d. < 0.40